Setting iSMART Goals

**i**nspiring - think about . . .

. . . your dream job
. . . your ultimate life situation,
. . . the highest qualification you want to achieve
. . . that business you want to create and establish
. . . your vision for your life

**S**pecific - your goal needs to be very clear and focused, what does your dream job look like, what level of qualification in what field, what will your business be about.

**M**easurable - you need to be able to see that you have achieved your goal; it needs to have concrete measures, like '. . . I will have a Certificate III in . . .', 'I will have developed my Business Plan'

**A**chievable - you can achieve your goal, your hard work will get you there, you can visualise it and see a path to reaching your goal, it isn't too unrealistic

**R**elevant to you - your goal should be for you, it should be something that interests and engages you

**T**imely - what is the timeframe for your goal, when will you achieve your goal, eg short-term goals might be by the end of next month, or within 6 months, medium-term within 1-2 years, long-term in 3-10 years.

Remember, big ‘vision-type’ goals are often long-term goals. These can be broken down into short and medium term steps that will move you in the direction you want to go.